

Women are
Changing the World.
Be part of the process.



WHO WE ARE

4 Real Women International Inc is nonprofit organization with headquarters in New York and Affiliates in the USA, Latin America, and Dutch Caribbean.

We prepare and present insight gaining activities for women and girls to see and affirm the best version of themselves.







4RW

OUR MISSION

Touch one woman with hope,
She will change her home,
her community, and her nation.



WHY WE EXIST

4 Real Women International exists to bring awareness, voice, and potential solutions to the issues of inequity that impact women and girls around the world.

We do this by:

- ★ Creating yearly programs for women and girls with the purpose of self-renewal and individual empowerment.
- ★ Working towards the advancement of women by encouraging mentorship, advocacy, and networking.
- ★ Helping women to seek personal purpose and meaning by placing them on a persistent quest for self-improvement.
- ★ Seeking to unify women, of all ages, races, ethnicities, nationalities, and religious affiliations through the development of collectives of women, who through local and global grass root efforts grow together and learn from each other's life experiences.
- ★ Identifying the existing and emerging roles of women and empowering women to seek and carry out leadership functions.
- ★ Offering long-term hope for women, by sharing positive experiences and disseminating information that will lead to emotional recovery.





EVERY WOMAN DESERVES

- ★ Space, time, and tools to develop her fullest potential.
- ★ Avenues that provide places and space for daily empowerment.
- ★ Opportunity to develop and nurture her innate leadership qualities.
- ★ Good mentorship from women and men, who are willing to partner with her on her journey of self-development.
- ★ To be part of a collective of women that is multigenerational, multicultural, multidisciplinary, from a diversity of backgrounds that will become her network and place of sisterhood.
- ★ Advocates who will go before her and speak on her behalf for the improvement of her personal, professional, physical, spiritual or emotional conditions.



WHAT WE OFFER

- ★ Annual Leadership Summit
- ★ Training and Development Opportunities
- ★ Multigenerational and multinational network of women
- ★ International service opportunities



AWARENESS DAYS

Every year 4RWI Celebrates these dates with events organized by its Chapters.

MARCH

8th

DAY OF CHANGE

International Women's Day, which 4RWI re-named "Day of Change" is celebrated on March 8 every year. A day that supports creating positive change in the lives of women and girls.



MAY

28th

WOMEN'S HEALTH ACTION DAY

May 28 is the International Day of Action for Women's Health, which for over 30 years, women's rights advocates have commemorated in diverse ways.

At 4RWI we celebrate Women's Health Month, hosting local events related to women health.

OCTOBER
11th

DAY OF THE GIRL

This day aims to highlight and address the needs and challenges girls face, while promoting girls' empowerment and the fulfillment of their human rights.



NOVEMBER
25th

DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Every year around this date, we organize activities designed to raise public awareness on issues of violence that affect women and girls.

OUR IMPACT 2023

8 Teams Located in USA, Mexico, Colombia, Costa Rica, and Dutch Caribbean.

81 Active Members

Largest Team 4RWI in 2023: Grambling State University 4RWI College Chapter

29 Programs Executed

Team with most programs executed: Limón, Costa Rica

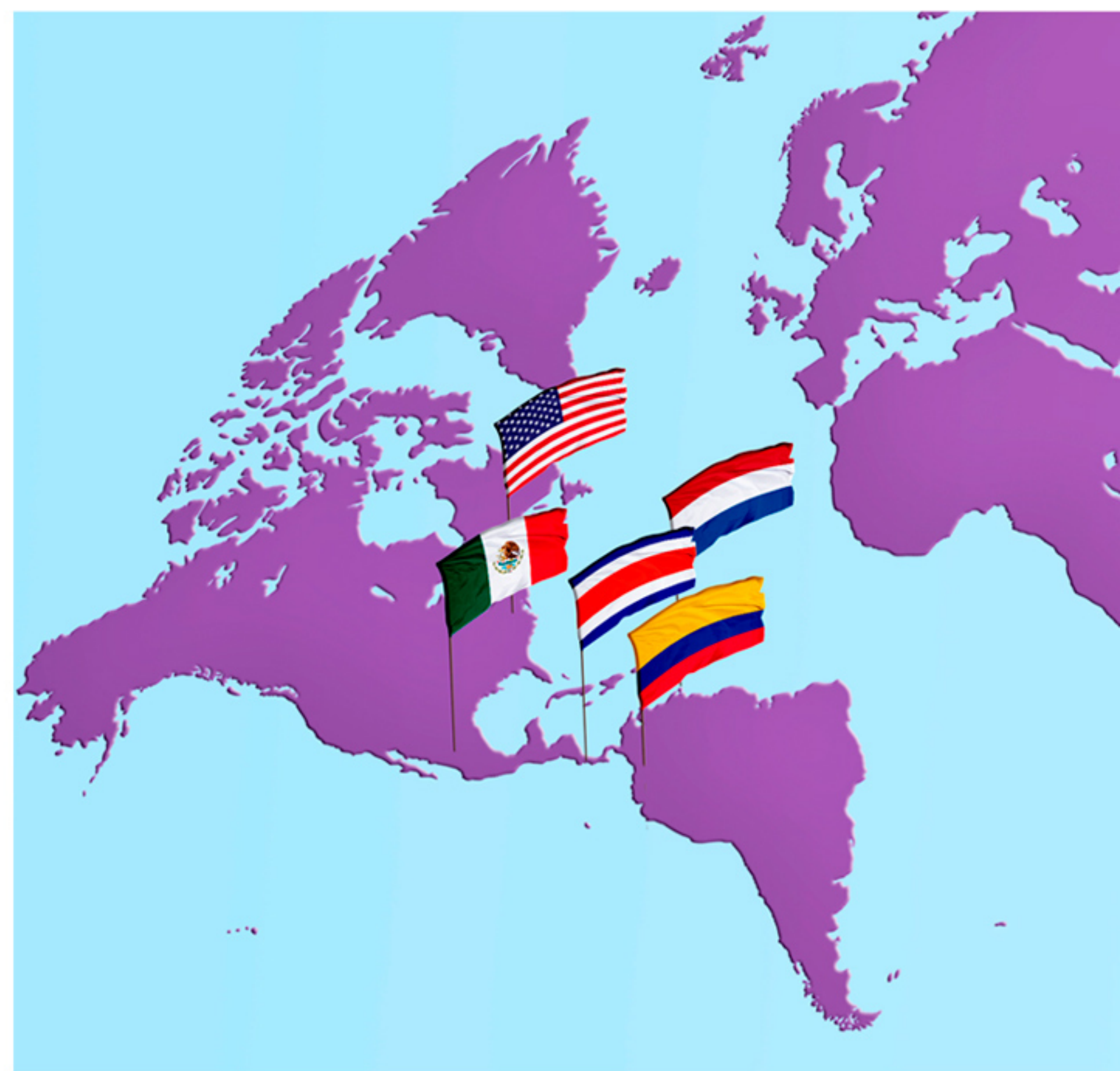
176 Hours of planning and preparation

191 Hours of execution

130 girls ages 1 to 17 served

Largest number of Girls serviced: Curacao, Dutch Caribbean

224 women ages 18 -35 served



Largest number of Young Women serviced: Curacao, Dutch Caribbean

946 women ages 36+ served

1300 total women and girls serviced

17 social media awareness campaigns

The average active member in 4RWI touches the lives of **8 to 10 women** a year and spends **5 to 12 hours** a year volunteering for the organization



PREVIOUS YEARS

2022

62 Active Members
8 Social Media Awareness Campaigns
1599 women serviced ages 18 and older
456 girls serviced ages 0 to 17
2,055 women and girls served

2020

891 women empowered
434 girls empowered
26 partnerships
61 active members

2019

1267 women empowered
 908 girls empowered
 53 active members
 56 programs planned & executed
 158 hours planning
 232 total hours executing empowerment work

2018

578 women empowered
 68 girls empowered
 32 active members
 12 programs planned & executed
 36 hours planning
 56 total hours executing empowerment work

2024 4RWI MONTH DESIGNATIONS

JANUARY

Self-care Month



FEBRUARY

Social Justice Month



MARCH

Women's Month



APRIL

Financial Literacy/Freedom
Month



MAY

Mental Health Month



JUNE

Volunteer & Service Month



JULY

Environmental and Nature
Protection Awareness Month



AUGUST

Indigenous & African
Descendants Awareness Month



SEPTEMBER

Suicide Prevention



OCTOBER

Month of the Girl Child
(ages 0 to 17)



NOVEMBER

Domestic Violence
Awareness Month



DECEMBER

Solidarity and
Give Back Month



WHAT OUR MEMBERS SAY

I am a member of 4RWI because the mission of this organization is consistent and intentional. As an organization we devote our time to the growth, development, education, safety, and health of the women and girls we serve.



Kayla Cato-PierSaint (Higher Education Professional),
4RWI Inc Donor Relations Coordinator



This organization truly works in favor of women by offering relevant programming. 4RWI is well organized, and members at the grassroots level are empowered to execute their ideas.
Verna Clarke (Retired Middle School Principal),
4RWI Inc Limon, Costa Rica.

I am a member of 4RWI Inc because I am passionate about the development of women. I love to see women thrive despite their many challenges. 4RWI stands for this also and it has helped many women to thrive



Shudaily Bartholomeus (Human Resources Professional & Author of "Mining Diamonds"), 4RWI Inc Curacao, Dutch Caribbean



Members in 4RWI Inc get multiple opportunities to serve other women and girls in their communities. As members they are also empowered to learn and grow.

Dr Zaida Barr (Biology & Chemistry Professor)
4RWI Inc Regional Director

I'm a member of 4RWI Inc because it is a rewarding way to invest my time and resources. Investing in the potential we see in women and girls is a worthy cause, however, the result is that we as members also benefit.



Damaris Gaskin (Retired Medical Assistant/EKG/X-Ray Technician)
4RWI Inc Tampa, Florida, USA



I chose to join 4 Real Women International Inc., because it is giving me the opportunity to give back to young girls not only in my community, but all around the world. This organization has also introduced me with the opportunity to be around women with the same goals. The organization has afforded me a great opportunity to make connections and to grow.

Layla Johnson (Biology, Physics and Mathematics Undergrad)
4RWI Grambling State University Chapter

I have a passion for women's empowerment and 4RWI offers me the opportunity to volunteer by supporting and uplifting women. It allows me to contribute to a cause I care about. By volunteering I can develop new skills and use existing ones in areas such as leadership, communication, project management and advocacy. It also allows me the opportunity to enlarge my network and be part of a supportive community that shares common goals and values.



Myrette Richards (Accounting Manager)
4RWI Queens/Long Island, New York USA

While some awareness to women's issues has taken place over time, there is so much more that was not been dealt with yet fully, for example: job promotions, equity in pay, menstrual hygiene, access to free menstrual products for girls and homeless women, a woman's right to say "no" when unwilling to have sex, etc., The impact that all these issues have on women and girls in our societies can be mentally debilitating. 4RWI is not afraid to address these issues and provides women and girls in various parts of the world with tools on how to overcome these barriers. I saw women close to me suffer abuse, and this made me passionate about teaching women their rights. 4RWI allows me the opportunity to pay it forward.



Maricela Garcia (Registered Nurse) 4RWI Inc Brooklyn, New York USA



I found in 4RWI a wonderful opportunity to serve my community through empowering and supporting women and girls. 4RWI allows me to have beautiful experiences and provides me with tools to grow and face my own life challenges.

Dr. Yessenia Pinnock (Dental Surgeon)
4RWI Inc Limon, Costa Rica

PINK ROOM XP

Follow the Pink Room on our 4 Real Women International Inc. YouTube Channel

UNSCRIPTED
REFLECTIVE
REAL
AFFIRMING



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www.youtube.com/@4rwiOrg/videos

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4RWI Teams
Special Projects & Causes



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